IMEC (Marie Cobel) with “Friends”
September 21, 1984

Session 24: Two Become One

Summary: The metaphor of a coin is used as a representation of duality. The coin is described as being either heads or tails. Our thinking on some subjects is that a state must be one or the other. You do not have to choose. Rather, observe the third state of the coin sitting on its edge not being either heads or tails. Then, observe that both heads and tails exist on a coin. The coin existence in both states in harmony. The same is true for two sounds that produce a third sound. When one can apply the concepts of opposites and apply them in harmony then a new awareness is achieved.

Report by Daniel Erickson